



PRIME MINISTER
CANBERRA

MESSAGE FROM PRIME MINISTER JULIA GILLARD

BICYCLE NEW SOUTH WALES' GEAR UP GIRL RIDE

Riding a bicycle is one of those simple things that bring joy to life.

Your bike doesn't have to be fancy. You don't have to be clad in lycra. And you don't have to dodge traffic through busy city streets if you don't want to.

The *Gear up Girl Ride* sends a great message that cycling is for everyone – it's accessible and enjoyable; a great way to get fit and catch up with friends.

So good on Bicycle NSW for launching this great initiative, which I hope will enable many women and girls to discover the fun and freedom that cycling brings.

You'll also be supporting two great causes – the Kids' Cancer Project and the TAD Disability Services Freedom Wheels Program.

So become involved and get cycling. You'll never look back.

A handwritten signature in black ink that reads 'Julia Gillard'.

The Honourable Julia Gillard MP
Prime Minister of Australia